¼ people will be diagnosed with a mental illness in their lifetime

Bipolar = Dissociative identity Disorder

Intellectual Disability = Mental Retardation

Review Claire example in first PowerPoint

## Notes

* The Four Ds
  + **Deviant**
    - Social Norm vs. Statistical
    - The problem with this is that there is no firm line; it’s always changing. Being deviant isn’t bad.
    - 2 SDs away means you’re abnormal. <70 = Intellectually Disabled, >130 is gifted, >140/150 genius
  + **Distressing**
    - Self vs. Other
      * Examples of others
        + OCD individuals could have tendencies that bother other people
        + Parental modeling, if the mother has OCD even if her child doesn’t she could pass along traits
        + Substance abuse bothers those who love the person who is abusing drugs
    - Presence vs. Absence
      * The absence of empathy in a psychopath
  + **Dysfunctional**
  + **Dangerous**
    - If dangerous to themselves or others
    - Self
      * Depression, suicide risks, substance use
    - Others
      * Psychopath and sociopath, substance use